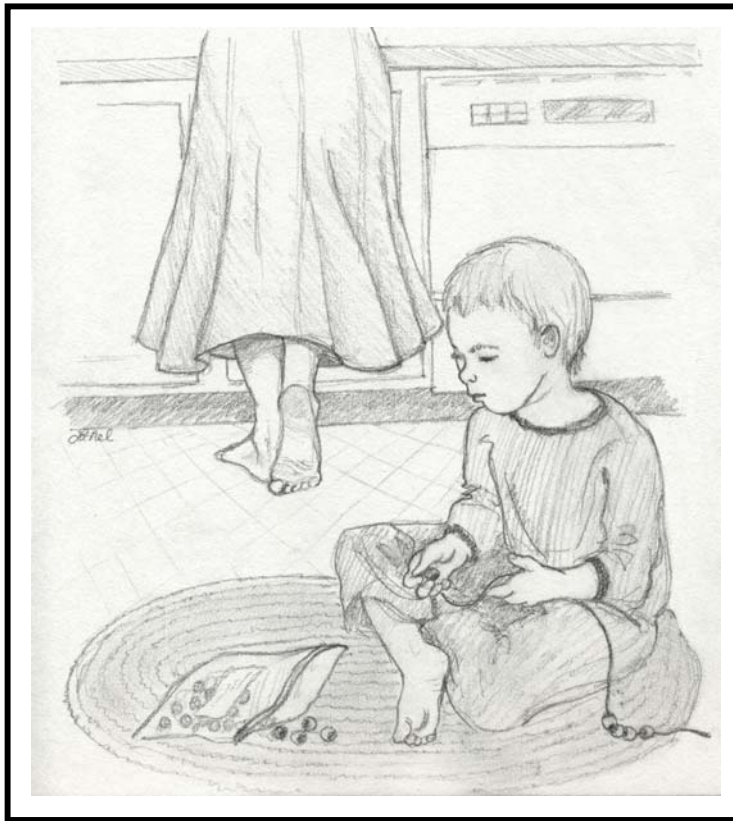


# Activity Bags

## Sampler



### Includes:

- \* 7 *Preschool Activities in a Bag* assembly instructions
- \* 3 *Science Experiments In a Bag* assembly instructions
- \* A 30-day Challenge Devotional and Journal page

Written by Paula Reetz & Sherri MacLean

# Activity Bags Sampler

"Where fun and education fit in the same bag".

Written by Paula Reetz & Sherri MacLean

Cover Artwork: LaNel Davenport  
Illustrations on Activity Instruction Sheets by:  
Christi Liddick, Joseph Ogg & Sherri MacLean  
Photo of Sherri & Paula: Rob MacLean  
Digital Artist: Rob MacLean

## **Activity Bags, LLC**

8090 Downing Drive \* Denver, CO 80229

Web Address: [www.ActivityBags.com](http://www.ActivityBags.com)

Email Address: [info@activitybags.com](mailto:info@activitybags.com)

E-book developed in the United States of America, November 2006

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## **Disclaimer**

We have made every effort to make these activities and experiments fun, educational, and safe for children of all ages. However, we realize that the plastic bag could pose a suffocation hazard if it were placed over someone's face. Please make sure you provide constant adult supervision while your child is busy with the activities and/or experiments. If you feel that the plastic bag poses too big of a risk, please feel free to use large envelopes instead. If you choose to use envelopes, you can still tape the instruction label on the envelope and draw a simple picture on the front so you will know exactly what is in each envelope.

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We are so blessed to be able to offer this e-book to you. You might be asking yourself .....

1) **“What are *Preschool Activities in a Bag*”?**

Good question! 😊 Once assembled, they are self-guided activities that a preschooler can do by himself with little to no help. He can see immediately if the activity was done correctly, and each activity is contained in a one-gallon zipper bag. These activities are fun for the child to do and they teach a valuable skill at the same time.

2) **“What are *Science Experiments in a Bag*”?**

Another good question. 😊😊 Once assembled the science experiments contain most everything you need (minus glass or perishable items) to complete an experiment. The experiments are designed for grades K-8 and include an experiment log and an answer sheet – all contained in a 1-gallon size zipper bag.

3) **“What is a 30 Day Challenge”?**

Yet another great question. 😊😊😊 This is a 30-day challenge to help you spend consistent, quality time with the Lord.

4) **What is the easiest way to assemble these?**

This is the best question of all! One of the easiest ways to assemble the *Preschool Activity and Science Experiment bags* is to do a swap (similar to a cookie swap). You have instructions to assemble 10 bags (7 preschool activities and 3 science experiments). Find 9 friends. Give each friend the instructions and all accompanying pages for one preschool activity or one science experiment. Have each participant make 10 bags. After all the bags are assembled all the participants can get together and swap bags. When the swap is over, each participant will have 10 different bags, including the one they assembled. It’s that simple!

5) **Do I have to do a swap?**

No, you can gather all the supplies needed and make all 10 bags on your own. We just think having a swap is a lot more fun. Plus, it is a lot less work and money.

6) **How can I get instructions for more bags?**

*Preschool Activities In a Bag – Book 1* is currently available with 34 activities.

*Preschool Activities in a Bag – Book 2* has 33 activities and is currently being edited and will be available soon.

*Science Experiments in a Bag* is currently being tested and we do not have a release date at this time.

For ordering information or questions go to [www.activitybags.com](http://www.activitybags.com), email [activitybags@juno.com](mailto:activitybags@juno.com), or call (303) 288-0948.

We hope you enjoy this e-book and if you have any questions please don’t hesitate to call or send us an email.

To your success,  
Paula & Sherri

## TIPS FOR ASSEMBLING A GREAT ACTIVITY/EXPERIMENT BAG

1. Make the label for your bags after you have assembled your activity/experiment. If you have changed the activity/experiment or the supplies at all, you will want that change reflected on the label.
2. Place the labels at the tops of the bags. Use wide, clear packing tape to secure the label unless it is printed on sticky back paper.
3. The bags should be able to be filed neatly in a box. If the contents of the bags do not help the bags hold their shape, you need to have a piece of cardstock in each bag.
4. If you need to make copies for your preschool activities, cardstock is much sturdier and will last longer than regular paper. Some activities require copies for the preschooler to cut. These copies should be on regular copy paper and not cardstock (unless the activity is a puzzle). Putting the cardstock in a sheet protector or laminating it with clear contact paper will make it last even longer.
5. Any full-sized pieces of paper or cardstock will fit the bag a little better if  $\frac{1}{4}$  " is trimmed off the top. If they are not trimmed, the bags do not close as easily.
6. If your preschool activity is consumable, make sure there are enough supplies for the activity to be done a minimum of 10 times.
7. If you are doing a swap, make sure the activity/experiment you are assembling is actually the quality you would want to receive.
8. Remember that any laminating, sorting, or cutting is going to take a little extra time, so schedule your time accordingly. You will want plenty of time to complete your activity/experiment without being rushed.
9. If you are ordering any of your supplies through the mail or on-line, make sure you put your order in early so you have enough time to assemble your activity/experiment bags.
10. If you can think of a way to improve the activity/experiment, or if you need to adapt an activity/experiment for a specific need, please feel free to do so. Remember that these are your activities/experiments for your children.
11. If you are concerned about using plastic bags, you may substitute 9" X 12" manila envelopes. You can still tape the instruction label on the envelope and maybe even draw a simple picture on the front so your child will know which activity/experiment is in each envelope.
12. Have fun!!

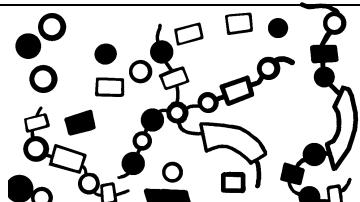


# Preschool Activities in a Bag

## Assembly Instructions

1. String It
2. Fruits of the Spirit
  - (1) Graphic Master
3. Snip N Cut
4. Trace N Erase
  - (2) Graphic Masters
5. Wrapping Paper Match
6. Number and Shape Puzzles
  - (4) Graphic Masters
7. Let's Go Fishing

# STRING IT

<b>Activity Description</b>	This activity is stringing beads.	
<b>Activity Develops</b>	Fine motor skills Hand-eye coordination	

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding “zipper”	1	10	15	20
2.	~2 ft. shoelace, string or lanyard for stringing beads	2	20	30	40
3.	Pipe Cleaner (any color)	1	10	15	20
4.	Variety of beads that will fit on the string (pony beads, wooden beads, foam beads etc. – be creative!)	100	1000	1500	2000
5.	Blank cardstock (any color)	1	10	15	20
6.	Label for the front of the activity bag (see example below)	1	10	15	20

## **Instructions for Assembly**

- 1. Sort and count the beads for each activity bag.
- 2. Dip one end of each string in glue to make them stiff if you are using string that will unravel. Tie a bead at the end of each string so when using the beads will not fall off. You will need to cut 2 strings for each activity bag.
- 3. Trim ½” off the top or the bottom of the blank cardstock so it fits in the bag easily.
- 4. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

## **Please Put the Following into Each Activity Bag**

- 1. Two pieces of string
- 2. One pipe cleaner
- 3. One hundred beads
- 4. Blank cardstock to strengthen bag

**Activity Label Example** (If you make your own label, you **must** include the warning)

<p><b>Activity Name:</b> String It</p> <p><b>Activity Develops:</b> fine motor skills, hand-eye coordination</p> <p><b>Activity Directions:</b> String the beads on the string or pipe cleaner in any order or in a pattern. Be creative. Be sure to take all the beads off the strings for the next time you use the activity.</p> <p><b>Bag Includes:</b> 2 strings, 1 pipe cleaner, 100 beads and 1 piece of cardstock</p> <p><b>WARNING:</b> This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p>
--

## **Buying Tips**

1. Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.
2. You can get fun-tipped yarn at [www.discountsschoolsupply.com](http://www.discountsschoolsupply.com). They have lots of fun colors for a good price!
3. You can get a lot of good wooden beads from an inexpensive beaded seat cover for cars. You just need to cut the string that holds the beads together.
4. You can also look for foam beads in a bucket. Try Wal-Mart or Hobby Lobby.

# FRUITS OF THE SPIRIT

<b>Activity Description</b>	String letter beads onto pipe cleaners to spell out the different fruits of the Spirit.	
<b>Activity Develops</b>	Hand-eye coordination Matching skills Sorting skills Alphabet recognition Beginning spelling	

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding “zipper”	1	10	15	20
2.	Pipe cleaners in assorted colors to cut in half	4	40	60	80
3.	Pipe cleaners in assorted colors	3	30	45	60
4.	Alphabet letter beads A-Z	2 sets	20 sets	30 sets	40 sets
5.	Numbers 1-9 (optional)	1 set	10 sets	15 sets	20 sets
6.	Copies of master (pg. 10)	1	10	15	20
7.	Label for the front of the activity bag (see example below)	1	10	15	20
8.	Scissors	-	-	-	-

## Instructions for Assembly

- 1. Cut pipe cleaners in half. You will cut 4 pipe cleaners in half and leave 3 pipe cleaners full length for each activity bag.
- 2. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. **NO STAPLES.**

## Please Put the Following into Each Activity Bag

- 1. Eight half-size pipe cleaners
- 2. Three full size pipe cleaners
- 3. Fruits of the Spirit guide sheet
- 4. Two complete sets of the alphabet
- 5. Number beads 1-9

**Activity Label Example** (If you make your own label, you **must** include the warning)

**Activity Name:** Fruits of the Spirit

**Activity Develops:** hand-eye coordination, matching skills, sorting skills, alphabet recognition, beginning spelling

**Activity Directions:** Using the Fruits of the Spirit guide sheet, string the letter beads onto the pipe cleaners to spell the different fruits of the Spirit. For a more advanced activity, you could spell any word or small sentence using the beads available.

**Bag Includes:** 8 half-size pipe cleaners, 3 full size pipe cleaners, Fruits of the Spirit guide sheet, 2 complete sets of the alphabet, number beads 1-9

**WARNING:** This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.

## Buying Tips

1. Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.
2. Beads can be expensive. Watch for coupons for your local craft stores.

Match your alphabet beads to the different samples below onto your pipe cleaners.

L	O	V	E		J	O	Y
---	---	---	---	--	---	---	---

P	A	T	I	E	N	C	E
---	---	---	---	---	---	---	---

K	I	N	D	N	E	S	S
---	---	---	---	---	---	---	---

G	O	O	D	N	E	S	S
---	---	---	---	---	---	---	---

F	A	I	T	H	F	U	L	N	E	S	S
---	---	---	---	---	---	---	---	---	---	---	---

		P	E	A	C	E			
--	--	---	---	---	---	---	--	--	--

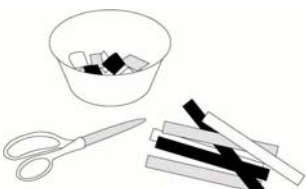
S	E	L	F		C	O	N	T	R	O	L
---	---	---	---	--	---	---	---	---	---	---	---

A	B	C	D	E	F	G	H	I	J	K	L	M
---	---	---	---	---	---	---	---	---	---	---	---	---

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
---	---	---	---	---	---	---	---	---	---	---	---	---

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

## SNIP-N-CUT

<b>Activity Description</b>	Using scissors, snip strips of paper into small pieces.	
<b>Activity Develops</b>	Fine motor skills Creativity Use of scissors	

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding “zipper”	1	10	15	20
2.	Colored construction paper	10	100	150	200
3.	Child safe scissors	1	10	15	20
4.	Small, shallow, disposable bowl	1	10	15	20
5.	Blank cardstock	1	10	15	20
6.	Label for the front of the activity bag (see example below)	1	10	15	20
7.	Scissors or preferably paper cutter	-	-	-	-

### **Instructions for Assembly**

- 1. Cut construction paper into ½” and 1” strips. You will cut 10 pieces of paper for each activity bag. After cutting every 10 pieces of paper, put all the strips into your zipper bag. This will help you keep track of how many strips go into each bag.
- 2. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. **NO STAPLES.**

### **Please Put the Following into Each Activity Bag**

- 1. Oodles of construction paper strips
- 2. One pair of scissors
- 3. One bowl
- 4. One piece of blank cardstock

**Activity Label Example** (If you make your own label, you **must** include the warning)

<p><b>Activity Name:</b> Snip-N-Cut</p> <p><b>Activity Develops:</b> fine motor skills, creativity, use of scissors</p> <p><b>Activity Directions:</b> Snip strips of paper into small pieces into the bowl. Pretend you are making soup!</p> <p><b>Bag Includes:</b> construction paper strips, 1 pair of scissors, 1 bowl</p> <p><b>WARNING:</b> This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p>
--

### **Buying Tips**

1. Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.
2. Check with your local dollar stores for inexpensive scissors.

## TRACE-N-ERASE

<b>Activity Description</b>	Practice tracing letters, numbers, and shapes. Erase it and do it again and again.	<table border="1"> <tr><td>Aa</td><td>Bb</td><td>Cc</td><td>Dd</td></tr> <tr><td>Ee</td><td>Ff</td><td>Gg</td><td>Hh</td></tr> <tr><td>Ii</td><td>Jj</td><td>Kk</td><td>Ll</td></tr> <tr><td>Mm</td><td>Nn</td><td>Oo</td><td>Pp</td></tr> <tr><td>Qq</td><td>Rr</td><td>Ss</td><td>Tt</td></tr> <tr><td>Uu</td><td>Vv</td><td>Ww</td><td>Xx</td></tr> <tr><td>Yy</td><td>Zz</td><td>ABC'S</td><td></td></tr> </table>	Aa	Bb	Cc	Dd	Ee	Ff	Gg	Hh	Ii	Jj	Kk	Ll	Mm	Nn	Oo	Pp	Qq	Rr	Ss	Tt	Uu	Vv	Ww	Xx	Yy	Zz	ABC'S	
Aa	Bb		Cc	Dd																										
Ee	Ff	Gg	Hh																											
Ii	Jj	Kk	Ll																											
Mm	Nn	Oo	Pp																											
Qq	Rr	Ss	Tt																											
Uu	Vv	Ww	Xx																											
Yy	Zz	ABC'S																												
<b>Activity Develops</b>	Letter recognition, order, and orientation Number recognition, order and orientation Shape recognition Tracing skills Writing skills																													

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding "zipper"	1	10	15	20
2.	Copies of master (pg. 13) on white cardstock	1	10	15	20
3.	Copies of master (pg. 14) on the back of Aa-Zz copies	1	10	15	20
4.	Sheet protector	1	10	15	20
5.	Non-toxic dry erase marker	1	10	15	20
6.	3" X 6" piece of felt to use as an eraser	1	10	15	20
7.	Label for the front of the activity bag (see example below)	1	10	15	20

### Instructions for Assembly

- 1. Place each double-sided copy into a sheet protector. Cut the extra flap with holes off the sheet protector and trim up to ½" off the top so it fits in the bag easily.
- 2. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

### Please Put the Following into Each Activity Bag

- 1. Double-sided copy in a sheet protector
- 2. One dry erase marker
- 3. One piece of felt


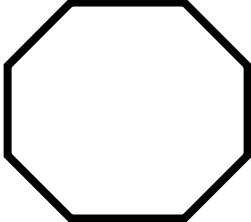
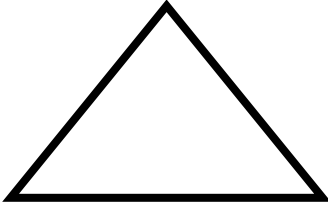
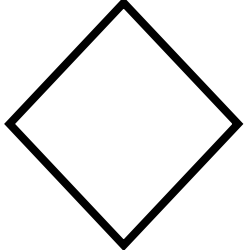
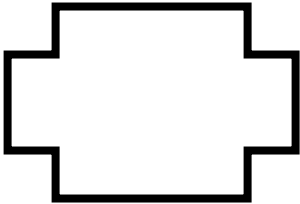
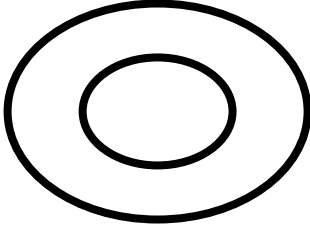
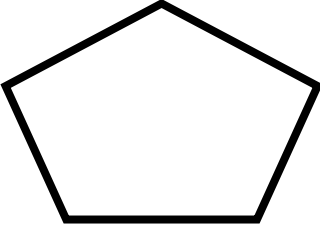
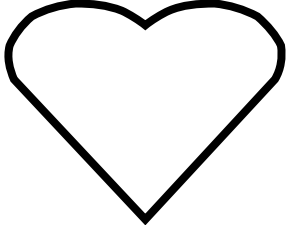
**Activity Label Example** (If you make your own label, you must include the warning)

<p><b>Activity Name:</b> Trace-N-Erase</p> <p><b>Activity Develops:</b> letter recognition, order, and orientation, number recognition, order and orientation, shape recognition, tracing and writing skills</p> <p><b>Activity Directions:</b> Trace the letters, numbers, and shapes with the dry erase marker. Erase and start all over again. Practice makes perfect! Note: The marker needs to be wiped off before the activity is put away or it will not come off easily. If this happens, rubbing alcohol will take it right off.</p> <p><b>Bag Includes:</b> double-sided cardstock with letters, numbers, and shapes, 1 dry erase marker, 1 felt eraser</p> <p><b>WARNING:</b> This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p>
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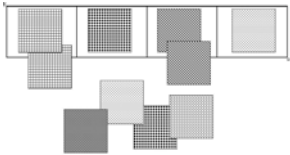
### Buying Tip

Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.

<b>Aa</b>	<b>Bb</b>	<b>Cc</b>	<b>Dd</b>
<b>Ee</b>	<b>Ff</b>	<b>Gg</b>	<b>Hh</b>
<b>Ii</b>	<b>Jj</b>	<b>Kk</b>	<b>Ll</b>
<b>Mm</b>	<b>Nn</b>	<b>Oo</b>	<b>Pp</b>
<b>Qq</b>	<b>Rr</b>	<b>Ss</b>	<b>Tt</b>
<b>Uu</b>	<b>Vv</b>	<b>Ww</b>	<b>Xx</b>
<b>Yy</b>	<b>Zz</b>	<b>ABC'S</b>	

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
			
			

## WRAPPING PAPER MATCH

<b>Activity Description</b>	Squares of wrapping paper are sorted and matched in pairs.	
<b>Activity Develops</b>	Pattern recognition Sorting skills Matching skills	

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding “zipper”	1	10	15	20
2.	10 different types of wrapping paper (appropriate for children) cut into 3-inch squares—number indicates total number of squares needed.	20	200	300	400
3.	10 different types of stickers	20	200	300	400
4.	Clear contact paper to laminate wrapping paper squares	-	-	-	-
5.	Blank cardstock	1	10	15	20
6.	Label for the front of the activity bag (see example below)	1	10	15	20
7.	Scissors	1	1	1	1

### **Instructions for Assembly**

- 1. Measure each type of wrapping paper so you can laminate it. You will need to cut two 3” squares out of each type for each activity bag. Draw lines on the back of the wrapping paper to outline the 3” squares.
- 2. Put stickers on the back of each 3” square. Each type of wrapping paper will need a different type of sticker (smiley faces on 1 type of wrapping paper, blue dots on another type, etc.) These stickers are the self-correcting marks. Each activity bag will have 10 pairs of wrapping paper squares and each pair must have a different sticker, but both cards in the pair will have identical stickers.
- 3. Laminate the front and back of each type of wrapping paper with clear contact paper. Cut the squares out on the lines.
- 4. Sort out 1 pair from each type of wrapping paper for each activity bag.
- 5. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

### **Please Put the Following into Each Activity Bag**

- 1. Ten pairs of laminated wrapping paper squares
- 2. One piece of blank cardstock

**Activity Label Example** (If you make your own label, you **must** include the warning)

**Activity Name:** Wrapping Paper Match

**Activity Develops:** color recognition, pattern recognition, sorting skills, matching skills

**Activity Directions:** 1) Spread all the wrapping paper squares on the table. Sort them into matching pairs. Turn each pair over to see if the stickers match. 2) Make designs and patterns with the squares. 3) Sort by color or pattern.

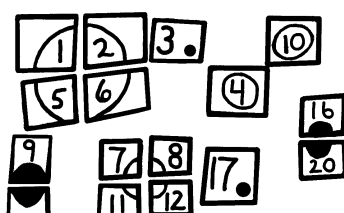
**Bag Includes:** 20 squares of wrapping paper, 1 piece of cardstock

**WARNING:** This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.

### **Buying Tip**

Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.

## NUMBER-N-SHAPE PUZZLE

<b>Activity Description</b>	This activity contains 3 puzzles with 20 pieces each.	
<b>Activity Develops</b>	Recognize different shapes Learn numbers 1-20 Sorting colors Order placement Experience putting together puzzles	

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding "zipper"	1	10	15	20
2.	Copies of master on pg. 17 onto cardstock color #1	1	10	15	20
3.	Copies of master on pg. 18 onto cardstock color #2	1	10	15	20
4.	Copies of master on pg. 19 onto cardstock color #3	1	10	15	20
5.	Copies of master on pg. 20 onto cardstock color #4	1	10	15	20
6.	Sheet protectors	1	10	15	20
7.	Label for the front of the activity bag (see example below)	1	10	15	20
8.	Scissors or paper cutter	-	-	-	-

### Instructions for Assembly

- 1. Put cardstock copies of master from page 17 into a sheet protector. You will need 1 for each activity bag. Cut the extra flap with holes off the sheet protector and trim up to ½' off the top so it fits in the bag easily.
- 2. Cut the rest of the cardstock copies on the lines. You will have 3 different puzzles for each activity bag. If you don't want to cut up the puzzles, put a note inside each bag that explains an adult can cut the puzzles up for the child.
- 3. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

### Please Put the Following into Each Activity Bag

- 1. Three puzzles that have been cut up into 20 squares.
- 2. One number guide inside a sheet protector.




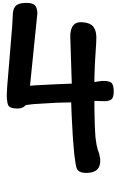



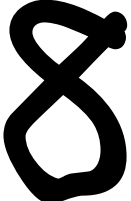



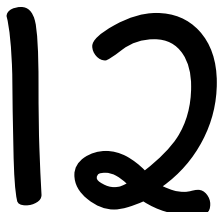
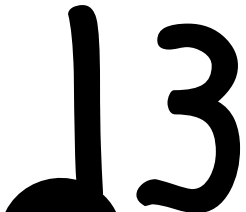

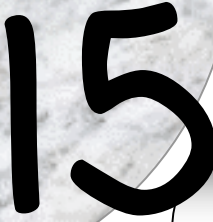


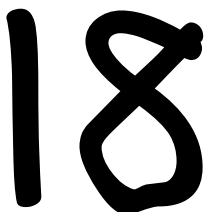

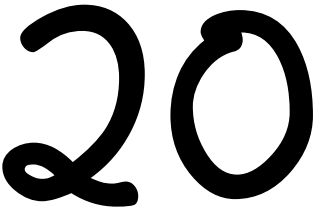
**Activity Label Example** (If you make your own label, you must include the warning)

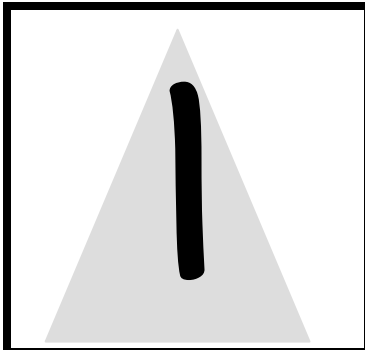
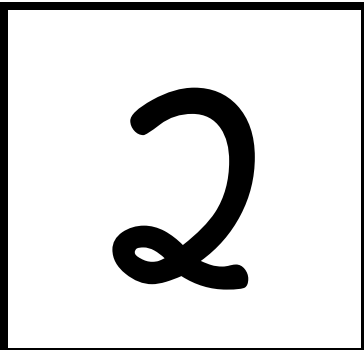
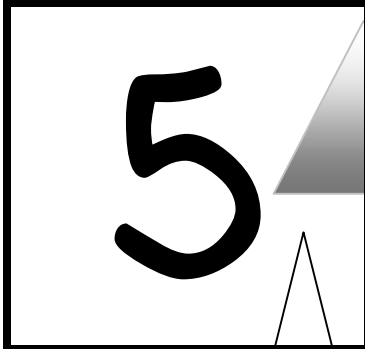
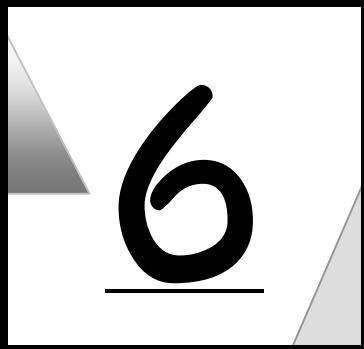
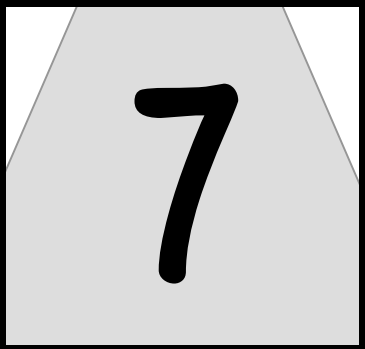
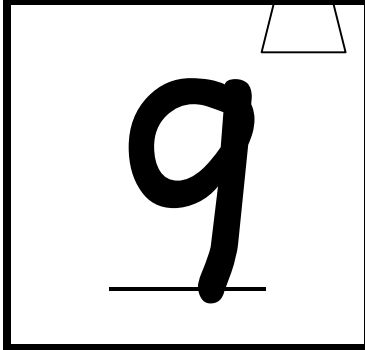
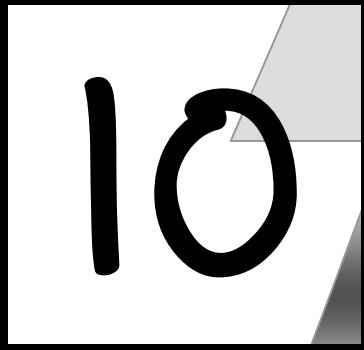
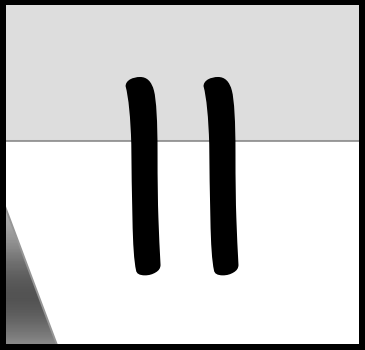
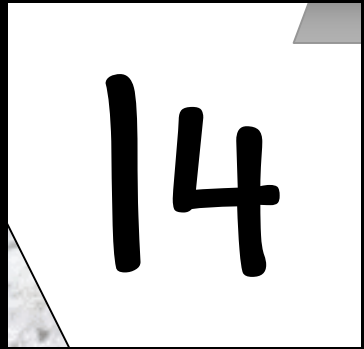
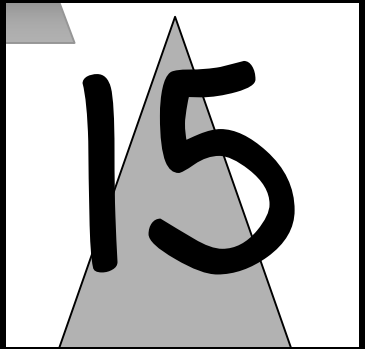
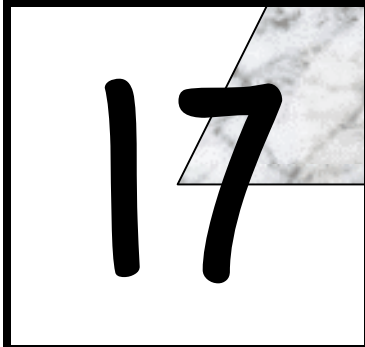
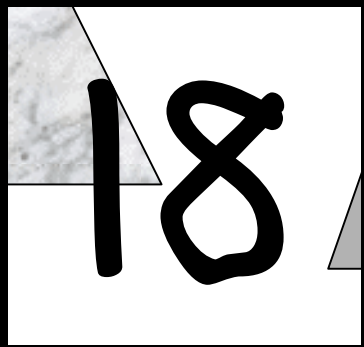
<p><b>Activity Name:</b> Puzzle Number Shapes</p> <p><b>Activity Develops:</b> recognize shapes, learn numbers 1-20, sorting colors, order placement, puzzle experience</p> <p><b>Activity Directions:</b> Sort the puzzle pieces by color. Once they are sorted, put them together using the number guide.</p> <p><b>Bag Includes:</b> 3 puzzles with 20 pieces each, 1 number guide inside a sheet protector</p> <p><b>WARNING:</b> This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p>
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### Buying Tip

Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.

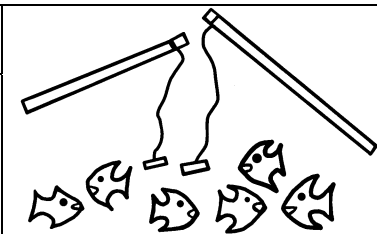
1	2	3	4
5	<u>6</u>	7	8
<u>9</u>	10	11	12
13	14	15	16
17	18	19	20

 1	 2	 3	 4
 5	 6	 7	 8
 9	 10	 11	 12
 13	 14	 15	 16
 17	 18	 19	 20

 1	2	 3	4
 5	 6	 7	8
 9	 10	 11	12
13	 14	 15	16
 17	18	 19	20

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20

# LET'S GO FISHING

<b>Activity Description</b>	Fish are caught with a magnetic fishing pole.	
<b>Activity Develops</b>	Hand-eye coordination Motor skills	

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic FREEZER bag with sliding "zipper"	1	10	15	20
2.	Foam fish	20	200	300	400
3.	10-12" dowel rod (~1/4" diameter)	1	10	15	20
4.	2 foot long piece of string, yarn or lanyard	1	10	15	20
5.	Small round magnet	1	10	15	20
6.	Metal paper clips or staples (so they stick to the magnets)	20	200	300	400
7.	Blank cardstock (any color)	1	10	15	20
8.	Label for the front of the activity bag (see example below)	1	10	15	20
9.	Tacky glue, hot glue, or super glue	-	-	-	-
10.	Sandpaper	-	-	-	-
11.	Drill (optional)	-	-	-	-

### Instructions for Assembly

- 1. Make the fishing pole. Sand the ends of each dowel rod so they are smooth. Drill a hole in one end of each dowel rod. Thread the string through and tie it in a knot. If you are not using a drill then just tie the string around the rod and glue it in place. Glue a magnet to the other end of the string.
- 2. Sort out 20 fish for each bag and put a paper clip on each fish or put one staple in each fish.
- 3. Trim 1/2" off the top or the bottom of the blank cardstock so it fits in the bag easily.
- 4. Make the label for your activity bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the activity bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

### Please Put the Following into Each Activity Bag

- 1. One fishing pole       2. Twenty fish       3. Blank cardstock to strengthen bag

**Activity Label Example** (If you make your own label, you must include the warning)

<p><b>Activity Name:</b> Let's Go Fishing  <b>Activity Develops:</b> hand-eye coordination, motor skills  <b>Activity Directions:</b> Scatter the fish on the floor and catch them with the fishing pole. You can also sort the fish by color.  <b>Bag Includes:</b> 1 fishing pole, 20 fish, 1 piece of blank cardstock  <b>WARNING:</b> This activity may contain small parts and is not intended for children under 3. Adult supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p>
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### Buying Tips

1. Creative and frugal shopping is the key to keeping your costs down. Feel free to substitute other materials based on availability and price as long as the quality of the activity is not compromised.
2. Try online craft stores to buy foam fish for a good price. If you do not want to buy pre-made fish, you can buy foam sheets and make your own. If you make your own, you could make them bigger and make fewer of them (10 would be a good number). The fish from the above web site are only about 2" if you make your own, make them at least 4" long.

# Science Experiments in a Bag

## Assembly Instructions

1. Soda Blast Instructions
  - Experiment Log
  - Answer Sheet
  
2. Birdseed
  - Experiment Log
  - Answer Sheet
  
3. Balloon Skewer
  - Experiment Log
  - Answer Sheet

## SODA BLAST

<b>Experiment Description</b>	Find out what happens when you mix Mentos® candies and diet soda! Prepare yourself for a great explosion.
<b>Experiment Type</b>	Chemistry

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic storage bag (press and seal kind)	1	10	15	20
2.	Mentos® candy (1 roll - about 9 candies)	1	10	15	20
3.	8 ½" x 11" paper	1	5	8	10
4.	Copy Experiment Log onto any color paper	1	10	15	20
5.	Copy of Answer sheet onto white paper	1	10	15	20
6.	Label for the FRONT of the experiment bag	1	10	15	20

### Instructions for Assembly

1. Mentos® candy has about 9 pieces in each roll or box. You need one roll of Mentos® candy for each experiment bag. Do not unwrap the roll or open the box.
2. Cut each piece of paper in half. Each bag will get one ½ piece of paper.
3. Punch 3 holes in the experiment log for a binder.
4. Make the label for your experiment bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the experiment bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

### Please put the following into each Experiment Bag

- 1) One box or roll of Mentos® candy
- 2) One - ½ piece of paper
- 3) Copy of experiment log and answer sheet

**Experiment Label** (If you make your own label, you must include the warning and not change it in any way.)

<p><b>Experiment Name:</b> Soda Blast</p> <p><b>Experiment Description:</b> Find out what happens when you mix Mentos® candies and diet soda! Prepare yourself for a great explosion.</p> <p><b>Experiment Type:</b> Chemistry</p> <p><b>Supplies Provided:</b> roll or box of Mentos® candy, ½ sheet of paper, experiment log, answer sheet</p> <p><b>Supplies Needed:</b> 2-liter bottle of diet soda (regular soda does not work as well), a big outdoor, open area for the experiment</p> <p><b>WARNING:</b> This activity may contain small parts and is not intended for children under 3 years of age. Supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p> <p><u>Before starting this experiment please do the following;</u> ALWAYS wash your hands BEFORE and AFTER an experiment, ALWAYS work with an adult when doing any of the experiments in this book, NEVER taste anything in an experiment unless the directions say you can, FOLLOW the directions exactly as it appears on your experiment log. REMEMBER that some experiments take longer than others. You need to be patient and take your time. If you rush, you might ruin the experiment and have to start over, RECORD all your result thoroughly and completely, HAVE FUN!</p>
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## "SODA BLAST" EXPERIMENT LOG

(Put in your Science Binder after you finish the experiment)

<b>Experiment Name</b>	Soda Blast
<b>Experiment Description</b>	Find out what happens when you mix Mentos® candies and diet soda! Prepare yourself for a great explosion.
<b>Experiment Type</b>	Chemistry
<b>Supplies Provided</b>	roll or box of Mentos® candy, experiment log, answer sheet
<b>Supplies Needed</b>	2-liter bottle of diet soda (regular soda does not work as well), a big outdoor, open area for the experiment

<b>Date Experiment Started:</b>	<b>Time Started Experiment:</b>
<b>Date Experiment Ended:</b>	<b>Time Ended Experiment:</b>
<b>Names of Who Conducted Experiment</b>	<b>GRADE</b>
1.	
2.	
3.	

### Experiment Instructions

- 1) Find a location outside where you will have lots of room and do not have to clean up. The front or back lawn would be good, or a sidewalk that you can wash down after the experiment.
- 2) Roll the ½ piece of paper around the Mentos® candy and tape it together. Remove the paper tube from the Mentos® roll.
- 3) Once you have your paper tube ready, load it up with the Mentos® candy. Use the entire roll of Mentos® candy.
- 4) Once your tube is loaded with the entire roll of Mentos® candy, you are ready to do the experiment.
- 5) Pick your spot and set the 2-liter bottle of diet soda down. Tell EVERYONE (including yourself) to stand back – and I mean stand back! Make sure the bottle is in a spot where it won't tip over.
- 6) Take the top off the 2-liter bottle carefully and then position the paper tube filled with the Mentos® candy inside the opening of the bottle. Don't let them go just yet. You need to drop all the Mentos® candy at once, so they all get dropped at the same time. Tell everyone to stand back one more time. Now drop the candy into the bottle and run like crazy!
- 7) Listen to all the ooohs and ahhs.

### Observation Questions

- 1) What happened when you dropped the Mentos® candy into the diet soda? \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



## Soda Blast Experiment Answers

**Question #1:** It should have shot up almost sky high! Okay, so maybe it went as high as 15 feet or more!

**Question #2:** Diet soda is filled with diet sweetener, flavored water, and preservatives (chemicals). When you first open a bottle of soda, you hear a bubbly sound and sometimes foam rises to the top. That's why when you shake a bottle or can of soda you get a small eruption flowing all over the place. The gas in the bottle or can is released from the hold of the water molecules and when it becomes free – it makes a mess when you shake it .The bubbly you see is invisible carbon dioxide gas that has been pumped into the bottle at the factory with lots of pressure. The carbon gas stays suspended in the soda until you open it and pour yourself a glass of refreshing, artificial goo.

**Question #3:** The gas attached itself to the Mentos® candy and escaped from the bottle. The carbon dioxide attached itself to the tiny pits (nucleation sites) on the surface of the candy. As soon as the candy hit the soda, bubbles formed all over the surface of the candy and literally pushed out all the liquid in the bottle with a soda blast.

**Question #4:** Good question. There is some speculation, but nothing concrete as to why. Diet soda just works better than regular soda. Also, diet soda is not as sticky as regular soda, which is great for clean up! I'm sure you appreciated that after doing this experiment. 😊

**Question #5:** Drop things like raisins, peanuts, etc. into the soda and watch how bubbles immediately attach to the surface. If you used something like salt, you would see a lot of foam build up. There are thousands of bubbles that form on the surface of each grain of salt. You should give it a try and see the reaction using different objects.

## BIRDSEED

<b>Experiment Description</b>	Find out what birds are eating when given commercial bird food.
<b>Experiment Type</b>	Nature

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic bag	1	10	15	20
2.	Commercial birdseed	1T Tbl.	10 Tbl.	15 Tbl.	20 Tbl.
3.	Wide mouth, clear plastic cup (12 – 16 oz.)	1	10	15	20
4.	Sandwich bags (the press n seal kind)	2	20	30	40
5.	Potting Soil	½ cup	5 cups	8 cups	10 cups
6.	Experiment Log onto any color paper	1	10	15	20
7.	Copy of Answer sheet onto white paper	1	10	15	20
8.	Permanent marker	-	-	-	-

### Instructions for Assembly

- 1) Measure 1 Tablespoon of birdseed into each sandwich bag. Using your permanent marker, label the outside “BIRDSEED”. Press and seal the bag well.
- 2) Measure ½ cup potting soil into each sandwich bag. Using your permanent marker, label the outside “POTTING SOIL”. Press and seal the bag well.
- 3) Make the label for your experiment bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the experiment bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. NO STAPLES.

### Please put the following into each Experiment Bag

- 1) One Tablespoon of birdseed in a sandwich bag clearly labeled on the outside ‘BIRDSEED’
- 2) One-half cup potting soil in a sandwich bag clearly labeled on the outside ‘POTTING SOIL’
- 3) One wide mouth, clear plastic cup (12 – 16 oz.)
- 4) One copy of the experiment answer sheet
- 5) One copy of the “Birdseed” experiment log

### Activity Label Example (If you make your own label, you **must** include the warning)

<p><b>Experiment Name:</b> Birdseed</p> <p><b>Experiment Description:</b> Find out what birds are eating when given commercial bird food.</p> <p><b>Experiment Type:</b> Nature</p> <p><b>Supplies Provided:</b> birdseed, potting soil, one plastic cup, experiment log</p> <p><b>Supplies Needed:</b> water, magnifying lens (if needed)</p> <p><b>WARNING:</b> This activity may contain small parts and is not intended for children under 3 years of age. Supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.</p> <p><b>Before starting this experiment please do the following; ALWAYS</b> wash your hands <b>BEFORE</b> and <b>AFTER</b> an experiment, <b>ALWAYS</b> work with an adult when doing any of the experiments in this book, <b>NEVER</b> taste anything in an experiment unless the directions say you can, <b>FOLLOW</b> the directions exactly as it appears on your experiment log. <b>REMEMBER</b> that some experiments take longer than others. You need to be patient and take your time. If you rush, you might ruin the experiment and have to start over, <b>RECORD</b> all your result thoroughly and completely, <b>HAVE FUN!</b></p>
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## "BIRDSEED" EXPERIMENT LOG

(Put in your Science Binder after you finish the experiment)

<b>Experiment Name</b>	Birdseed
<b>Experiment Description</b>	Find out what birds are eating when given commercial bird food.
<b>Experiment Type</b>	Nature
<b>Supplies Provided</b>	birdseed, potting soil, one plastic cup, experiment log
<b>Supplies Needed</b>	water, magnifying lens (if needed)

<b>Date Experiment Started:</b>	<b>Time Started Experiment:</b>
<b>Date Experiment Ended:</b>	<b>Time Ended Experiment:</b>

<b>Names of Who Conducted Experiment</b>		<b>GRADE</b>
1.		
2.		
3.		

### Experiment Instructions

- 1) Put the potting soil into the bottom of the plastic cup. Drain holes are not necessary.
- 2) Sparsely sprinkle some birdseed over the top of the soil.
- 3) Put the cup into a sunny, warm spot and ONLY water as needed. If you can't find a sunny spot, you can always cover the cup with saran wrap and leave in the oven with the light on until the seeds sprout. Once the seeds sprout you will need to uncover the cup and leave the seeds in a window to grow. Do not over water. Over watering will cause the seeds to rot and you'll have to start the experiment over.
- 4) Observe the seeds daily and watch for growth.
- 5) When the seeds have germinated and are a few inches tall, you can begin to draw each seed type.

**Observation Questions**

1) Draw what each seed type looks like. Use a magnifying lens if it will help you see the sprouts better.

Type 1	Type 2	Type 3	Type 4	Type 5

2) How many different varieties of plants germinated? \_\_\_\_\_

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3) Do all the seeds that germinated look alike? \_\_\_\_\_

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4) Why do you think the seeds were not all alike? \_\_\_\_\_

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## Bird Seed Experiment Answers

**Question #2:** Answer may vary.

**Question #3:** Answer may vary.

**Question #4:** Birds eat many different varieties of plants. The seeds you germinated and grew represent some of the types of plants that birds eat. Birds, like us, eat many different types of plants to stay healthy. Plants produce seeds at different times of the year; this gives the birds a variety. Could you imagine eating the same thing all the time, every day? Birds need variety too.

## BALLOON SKEWER

<b>Experiment Description</b>	Put a skewer through a balloon without popping it.
<b>Experiment Type</b>	Chemistry

<b>Supplies Needed</b>		<b>1 bag</b>	<b>10 bags</b>	<b>15 bags</b>	<b>20 bags</b>
1.	1 gallon plastic storage bag (press and seal kind)	1	10	15	20
2.	Balloons	3	30	45	60
3.	Wooden Skewer	2	20	30	40
4.	Sharp pin	1	10	15	20
5.	Copies Experiment Log onto any color paper	1	10	15	20
6.	Label for the FRONT of the experiment bag	1	10	15	20
7.	Copy of Answer sheet onto white paper	1	10	15	20
8.	Scotch Tape	-	-	-	-

### Instructions for Assembly

1. Tear a small piece of scotch tape and stick a sharp pin onto it. Cover it with scotch tape to protect others from being poked. Each bag will get one sharp pin covered with scotch tape for protection.
2. Hole punch the experiment log to fit in a binder.
3. Make the label for your experiment bag(s). You can copy the example below or make your own. Make sure the label reflects exactly what is in the experiment bag(s). Attach the label(s) to the top front of the bag(s) with wide, clear packing tape, making sure to cover the entire label. **NO STAPLES.**

### Please put the following into each Experiment Bag

- 1) Three balloons
- 2) Two, long, wooden skewers
- 3) Sharp pin covered with scotch tape for protection
- 4) Copy of experiment answer sheet
- 5) Experiment Log

**Experiment Label** (If you make your own label, you must include the warning and not change it in any way.)

**Experiment Name:** Balloon Skewer

**Experiment Description:** Put a skewer through a balloon without popping it.

**Experiment Type:** Chemistry

**Supplies Provided:** three balloons, two wooden skewers, sharp pin, experiment log, answer sheet

**Supplies Needed:** petroleum jelly, cellophane tape

**WARNING:** This activity may contain small parts and is not intended for children under 3 years of age. Supervision is required. Plastic bag may pose a suffocation hazard if placed over the head.

**Before starting this experiment please do the following; ALWAYS** wash your hands **BEFORE** and **AFTER** an experiment, **ALWAYS** work with an adult when doing any of the experiments in this book, **NEVER** taste anything in an experiment unless the directions say you can, **FOLLOW** the directions exactly as it appears on your experiment log. **REMEMBER** that some experiments take longer than others. You need to be patient and take your time. If you rush, you might ruin the experiment and have to start over, **RECORD** all your result thoroughly and completely, **HAVE FUN!**

## "BALLOON SKEWER" EXPERIMENT LOG

(Put the log in your Science Binder after you finish the experiment)

<b>Experiment Name</b>	Balloon Skewer
<b>Experiment Description</b>	Put a skewer through a balloon without popping it.
<b>Experiment Type</b>	Chemistry
<b>Supplies Provided</b>	three balloons, two wooden skewers, sharp pin, experiment log, answer sheet
<b>Supplies Needed</b>	petroleum jelly, cellophane tape

<b>Date Experiment Started:</b>	<b>Time Started Experiment:</b>
<b>Date Experiment Ended:</b>	<b>Time Ended Experiment:</b>

Names of Who Conducted Experiment	GRADE
1.	
2.	
3.	

### Experiment Instructions #1

- 1) Blow up one of the balloons (not too full) and tie it shut.
- 2) Spread Vaseline along the entire length of the wooden skewer. Wash your hands when you are done.
- 3) Now, if you are careful you should be able to push the skewer through the balloon without popping it. Start by using a gentle twisting motion into the end of the balloon opposite the knot. Continue to gently push and twist the skewer through the balloon until the tip emerges from the other end, near the knot. You've done it! You have put a skewer through a balloon without popping it.

### Experiment Instructions #2

- 1) Blow up a second balloon (not too full) and tie it shut.
- 2) Spread Vaseline along the entire length of the other wooden skewer. Wash your hands when you are done.
- 3) Now stick the wooden skewer into the side of the balloon. What happens?

### Experiment Instructions #3

- 1) Blow up the third balloon (not too full) and tie it shut.
- 2) Put a small piece of cellophane tape on the side of the balloon and press it down well so it will stay in place.
- 3) Carefully remove the sharp pin from the scotch tape and carefully stick it through the cellophane tape. Did it pop?

### Observation Questions for Experiment #1

1) What happened when you put the wooden skewer through the first balloon end to end? \_\_\_\_\_

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2) Why did the balloon not pop? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Observation Questions for Experiment #2**

1) What happened when you put the wooden skewer through the middle of the balloon? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2) Why did the balloon pop? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Observation Questions for Experiment #3**

1) What happened when you put the sharp pin through the cellophane tape? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2) Why did the balloon not pop? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Notes:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Balloon Skewer

## Experiment Answers

### Experiment #1

**Question #1:** It did not pop.

**Question #2:** The rubber used to make the balloon, has many long molecules that are all linked together. These long molecules are called polymers. When the molecules of a polymer are chemically attached to each other they cross-link. The tip of the skewer was allowed to push through some polymer cross-links, push aside the molecules of rubber and slide into the balloon. Enough cross-link remained to hold the balloon together, thus causing it not to pop.

### Experiment #2

**Question #1:** It popped!

**Question #2:** The force pulling on the cross-links was too great and so the balloon popped. The polymers pulled apart from all the tension. When you push the tip of the skewer through the rubber in the side of the balloon, the skewer broke a few of the cross-links. The tension on the remaining cross-links was too great and caused the balloon to pop. Also, notice how the rubber is stretched out less in the middle of the balloon versus the sides of the balloon. The side of the balloon has fewer polymer molecules. The rubber at the ends of the balloon is stretched out a lot less than the middle. Notice how the rubber at the ends of the balloon looks darker than the rubber in the rest of the balloon. There is less force pulling on it, thus harder to pop. Enough cross-links remained and the balloon held together much better. It pays to have more polymers! 😊

### Experiment #3

**Question #1:** It did not pop.

**Question #2:** The tape stuck to the rubber on the balloon and when pierced, it did not allow the rubber to stretch to the breaking point of popping. The tape reinforced the cross-links and held the balloon together.

**30 Day Challenge**

**Devotional**

**&**

**Journal**

Greetings,

Recently, we have both personally been challenged to spend consistent, quality time with the Lord for 30 days. Since we have both been **so** blessed by this challenge and continue to spend consistent, quality time with the Lord, we would like to issue this challenge to YOU. ☺ If you choose to accept this challenge, and we sincerely hope you do, please follow the steps below:

- 1) Print out 30 copies (back to back) of the "Daily Devotional & Journal" pages.
- 2) Punch holes in the copies and put them into a binder. If you have a handy-dandy comb binder, that works great too.
- 3) Decide on a consistent time every day that you can meet with God. It can be 15 minutes to 1 hour or more. Whatever it is, it needs to happen every day at the same time. If you don't think you have a consistent time slot please consider getting up 30 minutes early to meet with God. You will be blessed beyond measure. Remember, this is a challenge and we know that you can do it! Even if you miss a day or two don't get discouraged just keep going.
- 4) Pray about a book in the Bible to begin your reading. Some reading options we suggest are:
  - Gospel of John
  - Proverbs
  - Genesis
  - Matthew
  - Mark
  - Luke
  - Any other passage you are interested in

It really does not matter where you start, just start. Because ... *All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: That the man of God may be perfect, thoroughly furnished unto all good works.* ~ 2 Timothy 3:16-17

- 5) Start your challenge and be blessed! And, you will be blessed! Go back and review your entries periodically and see how God answers prayer.
- 6) If you want to continue after 30 days, print up more "Daily Devotional & Journal" pages and keep going.
- 7) Feel free to contact us with any questions and/or praise reports. You can reach us at: [activitybags@juno.com](mailto:activitybags@juno.com).

*Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.* ~ Psalm 37:5

Your sisters in Christ,

Paula & Sherri ☺



<b>Answer to Prayer(s)</b>	
1.	
2.	
3.	
4.	
<b>Prayer Request(s)</b>	
1.	
2.	
3.	
4.	
<b>Prayer for more accountability in the following areas</b>	
<b>Evidences of Grace In My Life</b>	
<b>Scripture Memorization</b>	
<b>Dinner Menu:</b>	
<b>What's happening in my family? (write the name of each person on a line)</b>	
<b>Something new I've learned (anything)</b>	
<b>Notes on the book I am reading</b>	
<b>Home School Update</b>	